



What Bullying Means To Me

“Bullying is not okay because it makes other people feel bad about themselves. It gives people the okay to think that they can bully others just because another person bullied them. It is also not cool to pick on someone just because of their skin color or religion. I think it must feel bad to get bullied or to bully. I think even play fighting can sometimes turn into a bigger fight. We can put an end to bullying by sitting down and talking with the school counselor about how bullying can affect others.”

“We all know bullying is bad but do we know what bullying means? In my opinion, bullying is horrible to deal with. People make fun of other people or maybe they will do things that will physically hurt someone. Cyberbullying can make people feel sad or take away someone’s happiness. It also makes you feel very angry inside. Some ways someone can bully you is by hitting you or spreading lies about you. They also may take your things and break it. They do this because they are sad and depressed.”

Fictional Short Story

Once upon a time, there was a 12-year old boy named Vick Tim, who was pretty shy and preferred to keep to himself. He had red ginger hair, glasses, and lots of freckles. One day at school, Vick was getting his stuff from his locker when somebody approached him and said in a deep voice, “Move it, scrub.” Vick turned around and saw Bull Lee, the biggest and baddest bully in the school. He was 5’4”, had tons of bulging muscles, and was super strong. No one ever dared to mess with him. Bull’s locker was right above Vick’s. “If you don’t get outta my way, I’m gonna finish you off once and for all,” Bull threatened. Fortunately, a kid in Vick’s 7th grade class named Bie Stander was unpacking his stuff from his own locker and had witnessed the whole ordeal. Vick and Bie knew who each other were, but never really talked to each other, since Vick was introverted. Nevertheless, Bie said to Bull, “Hey, back off man!” Seeing that he was outnumbered, Bull ran home. “He may not be on our side yet,” said Bie, “but it’s a start.” Vick walked home with his new friend that day, hopefully the first of many!

Contributors

M202 Students

Ms. Rooney

Mr. Riven

Mrs. Hirsch

Ms. Walcott

Tips on How to Stop Bullying

- ~ By being nice to others, they’ll feel nice too.
- ~ Ask others if they’re feeling okay. It’ll make them feel cared about.
- ~ If you see bullying happening, tell a teacher! A teacher will always help you put an end to bullying!
- ~ Stand up to bullies! Tell them that it’s wrong to bully others!
- ~ If you get cyberbullied, tell your parents and teachers about it.
- ~ Don’t laugh when someone is getting picked on.

A Poem About Bullying

Once upon a time, there was a 12-year old named Mike,
But also a mean bully named Bruce, who no one liked.
One day, Mike made a comment on a YouTube video,
But Bruce nastily replied like an angry rodeo:

"Your opinion's dumb, and no one cares about it.
Go to bed early tonight, and see if you can pout it."
This is known as cyberbullying,
And it is also a really harmful thing.

Luckily, someone else online had seen what Bruce had done,
And told him to back off from Mike, as well as: "Don't be dumb."
And so, Bruce stopped bullying, and became friends with Mike,
As well as that other guy, who now he really likes.

Ms. Walcott gets interviewed!



1. What does bullying mean to you?

To me, bullying is when someone does or says something that is unfriendly or hurtful, which puts others in the **Blue**, **Yellow** or **Red Zone** and lasts for a long period of time.

2. Have you ever been bullied?

Yes, when I was younger I was bullied by my classmates. It was really hurtful and put me in the **Blue Zone**. Luckily, I had great teachers to talk to and help me through it.

3. How can we put an end to bullying?

This is such an important question! I think that continually showing kindness and compassion towards everyone and appreciating all of our unique differences can help put an end to bullying. When we are friendly to others and support who they are, we can create a safe environment for all!

Fictional Short Story

There was a boy named Billy and he was always a kind hearted boy. He always got along with everyone until this one day at school. There was a new kid who was commonly known for bullying. Billy had no idea about this so he tried to say hi to the bully one day. The bully, though, began insulting and pushing him. No one did anything because they were scared of getting hurt. One kid in 8th grade named Steve was walking to his class and saw Billy getting bullied and decided to stick up for him. He told the bully to get lost! The bully ran off from the much taller 8th grader. Steve then comforted Billy and said he will be his friend and got him to stop crying. After that, Billy and his new friend Steve became very good friends.



A Poem About Bullying

What is a bystander?

Bullying is so not cool
It makes us all just look like fools

Would you like it if they too
Did that kind of thing to you?

Bullying will not last long
We all want to get along

Let's put bullies to an end
We all want to be good friends

Stand up and they will back down
No more bullies in this town!

Togetherness matters to me
We all unite, that's UNITY!!!!

A bystander is someone who sees bullying when it happens. The bystander can either keep walking or tell the bully to stop. If the bully does not stop the bystander can tell a teacher. The bystander can also interfere with the situation by standing between the bully and the victim. As a bystander you feel like you need to help the victim because the victim doesn't deserve it. Another option to help the situation is to tell a teacher instead of interfering.

Mrs. Hirsch gets interviewed!



1. Have you ever been bullied?

Yes, I was bullied by a group of girls when I was in middle school. They started out as my best friends but starting in 7th grade, they would all hang out without me, and then call me to brag about how they were all together and I was excluded. Once high school started, some of the girls apologized for their behavior and things got better. I am actually really close friends with one of them now.

2. Has anyone you know been bullied?

Yes, my brother was bullied throughout middle and high school. He was a little bit different from everyone else – very smart and interested in music and theater. He also had long hair so other boys used to make fun of him and call him a girl. It was always very upsetting.

3. How would you help me if I was bullied?

I would take it very seriously. I would encourage you to trust me and let me know what is going on so your teachers and I could help. I would meet with you to come up with a plan, and then meet with any other students involved. We would make sure that any necessary consequences took place, privileges taken away, and parents notified. Any type of bullying is not tolerated at Aaron School.